



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Bär, Mario

Club: Dessau
Number: 491

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:03:40

Speed: 12.61 km/h
Running performance: 4:43 min/km

Rank in course/Total: 22 (of 500)

Rank in course/Men: 21 (of 423)

Best time in course: 1:35:36

Rank in category: 5(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:17	4:56	11	3:24	67	4:18	3.30	16:17	4:56	11	3:24	67	4:18
Schlüsie	3.10	16:32	5:20	7	2:06	30	3:47	6.40	32:49	5:07	8	5:30	43	8:05
Hermannsklippe	2.60	14:36	5:36	7	1:49	29	3:25	9.00	47:25	5:16	8	7:10	38	11:30
Brocken	3.10	22:42	7:19	6	2:54	25	5:18	12.10	1:10:07	5:47	7	10:04	32	16:48
Eiserner Handwe	3.60	16:04	4:27	14	4:12	69	4:24	15.70	1:26:11	5:29	8	14:16	34	21:12
Schlüsie	4.10	14:02	3:25	4	2:06	17	3:01	19.80	1:40:13	5:03	7	16:22	28	24:13
Loddenke	3.10	11:01	3:33	3	1:04	11	1:45	22.90	1:51:14	4:51	6	17:26	23	25:58
Ilseburg/Markt	3.30	12:26	3:46	3	1:21	11	2:06	26.20	2:03:40	4:43	5	18:47	21	28:04