



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

TRABEL, Daniel

Club: VfL Herrenberg
Number: 125

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:10:05

Speed: 11.99 km/h
Running performance: 4:58 min/km

Rank in course/Total: 43 (of 500)

Rank in course/Men: 42 (of 423)

Best time in course: 1:35:36

Rank in category: 7(of 46)

Best time in the category: 1:41:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:10	4:53	9	3:59	58	4:11	3.30	16:10	4:53	9	3:59	58	4:11
Schlüsie	3.10	17:17	5:34	8	3:52	46	4:32	6.40	33:27	5:13	9	7:51	56	8:43
Hermannsklippe	2.60	15:19	5:53	7	3:22	48	4:08	9.00	48:46	5:25	9	11:13	51	12:51
Brocken	3.10	25:08	8:06	11	6:38	65	7:44	12.10	1:13:54	6:06	8	17:51	53	20:35
Eiserner Handwe	3.60	15:47	4:23	10	3:07	54	4:07	15.70	1:29:41	5:42	7	20:58	51	24:42
Schlüsie	4.10	14:52	3:37	8	2:55	36	3:51	19.80	1:44:33	5:16	8	23:53	48	28:33
Loddenke	3.10	12:17	3:57	8	2:17	44	3:01	22.90	1:56:50	5:06	7	26:10	41	31:34
Ilseburg/Markt	3.30	13:15	4:00	6	2:15	35	2:55	26.20	2:10:05	4:57	7	28:25	42	34:29