



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

JAEGER, Sabrina

Club: Maschsee-Sharks Hannover
Number: 163

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:10:18

Speed: 11.97 km/h
Running performance: 4:58 min/km

Rank in course/Total: 44 (of 500)

Rank in course/Women: 2 (of 77)

Best time in course: 1:57:27

Rank in category: 1(of 8)

Best time in the category: 2:10:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:57	5:08	1	-	3	2:16	3.30	16:57	5:08	1	-	3	2:16
Schlüsie	3.10	18:26	5:56	1	-	3	2:17	6.40	35:23	5:31	1	-	3	4:33
Hermannsklippe	2.60	15:46	6:03	1	-	2	1:19	9.00	51:09	5:41	1	-	3	5:52
Brocken	3.10	25:30	8:13	1	-	3	3:13	12.10	1:16:39	6:20	1	-	3	9:05
Eiserner Handwe	3.60	14:56	4:08	1	-	2	1:48	15.70	1:31:35	5:49	1	-	3	10:53
Schlüsie	4.10	14:03	3:25	1	-	2	0:55	19.80	1:45:38	5:20	1	-	2	11:48
Loddenke	3.10	11:25	3:40	1	-	1	-	22.90	1:57:03	5:06	1	-	2	11:48
Ilseburg/Markt	3.30	13:15	4:00	1	-	3	13:00	26.20	2:10:18	4:58	1	-	3	2:10:03