



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MÖLLER, Marc

Club: Lauftreff Ganderkesee
Number: 295

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:10:20

Speed: 11.97 km/h
Running performance: 4:58 min/km

Rank in course/Total: 46 (of 500)

Rank in course/Men: 44 (of 423)

Best time in course: 1:35:36

Rank in category: 4(of 67)

Best time in the category: 2:00:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:47	4:46	1	-	39	3:48	3.30	15:47	4:46	1	-	39	3:48
Schlüsie	3.10	17:19	5:35	5	1:16	50	4:34	6.40	33:06	5:10	4	1:05	47	8:22
Hermannsklippe	2.60	15:10	5:49	4	0:57	45	3:59	9.00	48:16	5:21	4	2:02	46	12:21
Brocken	3.10	25:24	8:11	8	4:02	73	8:00	12.10	1:13:40	6:05	5	6:04	51	20:21
Eiserner Handwe	3.60	16:00	4:26	10	1:27	67	4:20	15.70	1:29:40	5:42	5	6:08	50	24:41
Schlüsie	4.10	15:40	3:49	9	1:35	71	4:39	19.80	1:45:20	5:19	5	7:14	53	29:20
Loddenke	3.10	12:15	3:57	5	1:26	42	2:59	22.90	1:57:35	5:08	5	8:40	50	32:19
Ilseburg/Markt	3.30	12:45	3:51	3	1:24	20	2:25	26.20	2:10:20	4:58	4	10:04	44	34:44