



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HERZOGENRATH, Christoph

Club: Titz
Number: 106

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:10:57

Speed: 11.91 km/h
Running performance: 5:00 min/km

Rank in course/Total: 49 (of 500)

Rank in course/Men: 47 (of 423)

Best time in course: 1:35:36

Rank in category: 10(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:54	5:07	15	2:56	84	4:55	3.30	16:54	5:07	15	2:56	84	4:55
Schlüsie	3.10	17:29	5:38	12	1:56	57	4:44	6.40	34:23	5:22	13	4:52	71	9:39
Hermannsklippe	2.60	15:25	5:55	12	1:42	50	4:14	9.00	49:48	5:31	12	6:34	60	13:53
Brocken	3.10	23:31	7:35	7	2:52	35	6:07	12.10	1:13:19	6:03	12	8:58	47	20:00
Eiserner Handwe	3.60	15:08	4:12	7	1:51	33	3:28	15.70	1:28:27	5:38	11	10:49	45	23:28
Schlüsie	4.10	15:23	3:45	11	2:35	62	4:22	19.80	1:43:50	5:14	10	13:24	44	27:50
Loddenke	3.10	13:21	4:18	17	2:22	119	4:05	22.90	1:57:11	5:07	10	15:46	45	31:55
Ilseburg/Markt	3.30	13:46	4:10	12	1:11	60	3:26	26.20	2:10:57	4:59	10	16:57	47	35:21