



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Sander, Martin

Club: Sv einheit worbis  
Number: 547

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:11:17

Speed: 11.88 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 50 (of 500)

Rank in course/Men: 48 (of 423)

Best time in course: 1:35:36

Rank in category: 11(of 53)

Best time in the category: 1:54:00

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:45	4:28	4	0:47	17	2:46	3.30	14:45	4:28	4	0:47	17	2:46
Schlüsie	3.10	17:01	5:29	11	1:28	43	4:16	6.40	31:46	4:57	7	2:15	27	7:02
Hermannsklippe	2.60	15:16	5:52	11	1:33	47	4:05	9.00	47:02	5:13	9	3:48	31	11:07
Brocken	3.10	24:23	7:51	11	3:44	48	6:59	12.10	1:11:25	5:54	9	7:04	40	18:06
Eiserner Handwe	3.60	16:49	4:40	17	3:32	115	5:09	15.70	1:28:14	5:37	10	10:36	43	23:15
Schlüsie	4.10	16:50	4:06	20	4:02	138	5:49	19.80	1:45:04	5:18	12	14:38	51	29:04
Loddenke	3.10	12:57	4:10	15	1:58	91	3:41	22.90	1:58:01	5:09	11	16:36	55	32:45
Ilseburg/Markt	3.30	13:16	4:01	9	0:41	37	2:56	26.20	2:11:17	5:00	11	17:17	48	35:41