



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MICHEL, Thomas

Club: NSV Wernigerode
Number: 150

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:11:43

Speed: 11.84 km/h
Running performance: 5:02 min/km

Rank in course/Total: 53 (of 500)

Rank in course/Men: 51 (of 423)

Best time in course: 1:35:36

Rank in category: 10(of 85)

Best time in the category: 1:44:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:56	4:49	7	3:03	44	3:57	3.30	15:56	4:49	7	3:03	44	3:57
Schlüsie	3.10	17:17	5:34	9	2:51	46	4:32	6.40	33:13	5:11	9	5:54	49	8:29
Hermannsklippe	2.60	15:05	5:48	9	2:18	43	3:54	9.00	48:18	5:21	9	8:03	48	12:23
Brocken	3.10	23:41	7:38	8	3:53	38	6:17	12.10	1:11:59	5:56	9	11:56	44	18:40
Eiserner Handwe	3.60	16:15	4:30	16	4:23	80	4:35	15.70	1:28:14	5:37	9	16:19	43	23:15
Schlüsie	4.10	15:54	3:52	20	3:58	88	4:53	19.80	1:44:08	5:15	9	20:17	45	28:08
Loddenke	3.10	13:07	4:13	21	3:10	101	3:51	22.90	1:57:15	5:07	9	23:27	46	31:59
Ilseburg/Markt	3.30	14:28	4:23	22	3:23	94	4:08	26.20	2:11:43	5:01	10	26:50	51	36:07