



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

HÄNISCH, Max

Club: A.O.T.  
Number: 379

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:11:44

Speed: 11.84 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 54 (of 500)

Rank in course/Men: 52 (of 423)

Best time in course: 1:35:36

Rank in category: 9(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:59	4:50	12	2:04	50	4:00	3.30	15:59	4:50	12	2:04	50	4:00
Schlüsie	3.10	17:27	5:37	11	2:10	55	4:42	6.40	33:26	5:13	12	4:13	53	8:42
Hermannsklippe	2.60	15:51	6:05	15	2:28	70	4:40	9.00	49:17	5:28	12	6:36	56	13:22
Brocken	3.10	25:23	8:11	12	4:27	71	7:59	12.10	1:14:40	6:10	13	10:53	56	21:21
Eiserner Handwe	3.60	15:22	4:16	7	1:42	41	3:42	15.70	1:30:02	5:44	11	12:35	53	25:03
Schlüsie	4.10	15:06	3:40	10	1:34	50	4:05	19.80	1:45:08	5:18	11	14:06	52	29:08
Loddenke	3.10	12:08	3:54	6	1:13	36	2:52	22.90	1:57:16	5:07	8	14:33	47	32:00
Ilseburg/Markt	3.30	14:28	4:23	13	2:34	94	4:08	26.20	2:11:44	5:01	9	16:35	52	36:08