



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

RAGOß, Daniel

Club: NSV Wernigerode
Number: 434

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:11:46

Speed: 11.84 km/h
Running performance: 5:02 min/km

Rank in course/Total: 55 (of 500)

Rank in course/Men: 53 (of 423)

Best time in course: 1:35:36

Rank in category: 10(of 45)

Best time in the category: 1:55:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:56	4:49	11	2:01	44	3:57	3.30	15:56	4:49	11	2:01	44	3:57
Schlüsie	3.10	17:17	5:34	10	2:00	46	4:32	6.40	33:13	5:11	10	4:00	49	8:29
Hermannsklippe	2.60	15:05	5:48	9	1:42	43	3:54	9.00	48:18	5:21	11	5:37	48	12:23
Brocken	3.10	22:34	7:16	5	1:38	24	5:10	12.10	1:10:52	5:51	8	7:05	37	17:33
Eiserner Handwe	3.60	16:50	4:40	19	3:10	117	5:10	15.70	1:27:42	5:35	9	10:15	41	22:43
Schlüsie	4.10	16:40	4:03	19	3:08	131	5:39	19.80	1:44:22	5:16	8	13:20	47	28:22
Loddenke	3.10	13:29	4:20	20	2:34	130	4:13	22.90	1:57:51	5:08	12	15:08	54	32:35
Ilseburg/Markt	3.30	13:55	4:13	8	2:01	70	3:35	26.20	2:11:46	5:01	10	16:37	53	36:10