



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MESSER, Dirk

Club: AST Süßen
Number: 218

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:12:21

Speed: 11.79 km/h
Running performance: 5:03 min/km

Rank in course/Total: 59 (of 500)

Rank in course/Men: 57 (of 423)

Best time in course: 1:35:36

Rank in category: 6(of 67)

Best time in the category: 2:00:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:41	5:03	9	0:54	80	4:42	3.30	16:41	5:03	9	0:54	80	4:42
Schlüsie	3.10	17:41	5:42	6	1:38	62	4:56	6.40	34:22	5:22	9	2:21	69	9:38
Hermannsklippe	2.60	15:46	6:03	8	1:33	67	4:35	9.00	50:08	5:34	6	3:54	64	14:13
Brocken	3.10	25:20	8:10	7	3:58	69	7:56	12.10	1:15:28	6:14	7	7:52	66	22:09
Eiserner Handwe	3.60	15:19	4:15	3	0:46	37	3:39	15.70	1:30:47	5:46	6	7:15	62	25:48
Schlüsie	4.10	14:50	3:37	2	0:45	35	3:49	19.80	1:45:37	5:20	6	7:31	56	29:37
Loddenke	3.10	12:29	4:01	7	1:40	53	3:13	22.90	1:58:06	5:09	6	9:11	56	32:50
Ilseburg/Markt	3.30	14:15	4:19	13	2:54	83	3:55	26.20	2:12:21	5:03	6	12:05	57	36:45