



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

GALLITSCHKE, Janek

Club: Frankfurt
Number: 326

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:13:03

Speed: 11.72 km/h
Running performance: 5:05 min/km

Rank in course/Total: 62 (of 500)

Rank in course/Men: 60 (of 423)

Best time in course: 1:35:36

Rank in category: 11(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:32	4:42	8	1:37	35	3:33	3.30	15:32	4:42	8	1:37	35	3:33
Schlüsie	3.10	17:47	5:44	15	2:30	68	5:02	6.40	33:19	5:12	11	4:06	52	8:35
Hermannsklippe	2.60	16:03	6:10	16	2:40	77	4:52	9.00	49:22	5:29	14	6:41	59	13:27
Brocken	3.10	26:03	8:24	14	5:07	89	8:39	12.10	1:15:25	6:13	14	11:38	65	22:06
Eiserner Handwe	3.60	15:25	4:16	8	1:45	43	3:45	15.70	1:30:50	5:47	14	13:23	63	25:51
Schlüsie	4.10	15:10	3:41	11	1:38	55	4:09	19.80	1:46:00	5:21	14	14:58	63	30:00
Loddenke	3.10	12:54	4:09	13	1:59	85	3:38	22.90	1:58:54	5:11	14	16:11	63	33:38
Ilseburg/Markt	3.30	14:09	4:17	9	2:15	76	3:49	26.20	2:13:03	5:04	11	17:54	60	37:27