



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

PIPPEL, Jan

Club: PSV Braunschweig
Number: 45

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:13:16

Speed: 11.71 km/h
Running performance: 5:05 min/km

Rank in course/Total: 63 (of 500)

Rank in course/Men: 61 (of 423)

Best time in course: 1:35:36

Rank in category: 12(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:12	4:36	6	1:17	25	3:13	3.30	15:12	4:36	6	1:17	25	3:13
Schlüsie	3.10	17:27	5:37	11	2:10	55	4:42	6.40	32:39	5:06	8	3:26	38	7:55
Hermannsklippe	2.60	15:31	5:58	11	2:08	54	4:20	9.00	48:10	5:21	9	5:29	44	12:15
Brocken	3.10	25:09	8:06	11	4:13	67	7:45	12.10	1:13:19	6:03	10	9:32	47	20:00
Eiserner Handwe	3.60	15:48	4:23	10	2:08	55	4:08	15.70	1:29:07	5:40	10	11:40	49	24:08
Schlüsie	4.10	15:39	3:49	13	2:07	70	4:38	19.80	1:44:46	5:17	9	13:44	49	28:46
Loddenke	3.10	12:56	4:10	14	2:01	87	3:40	22.90	1:57:42	5:08	9	14:59	51	32:26
Ilseburg/Markt	3.30	15:34	4:43	22	3:40	181	5:14	26.20	2:13:16	5:05	12	18:07	61	37:40