



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

GÄDE, Marek

Club: Gardelegen
Number: 259

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:13:25

Speed: 11.69 km/h
Running performance: 5:05 min/km

Rank in course/Total: 67 (of 500)

Rank in course/Men: 64 (of 423)

Best time in course: 1:35:36

Rank in category: 13(of 85)

Best time in the category: 1:44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:58	5:08	15	4:05	85	4:59	3.30	16:58	5:08	15	4:05	85	4:59
Schlüsie	3.10	17:50	5:45	12	3:24	69	5:05	6.40	34:48	5:26	13	7:29	76	10:04
Hermannsklippe	2.60	15:35	5:59	11	2:48	55	4:24	9.00	50:23	5:35	12	10:08	72	14:28
Brocken	3.10	24:25	7:52	11	4:37	50	7:01	12.10	1:14:48	6:10	10	14:45	58	21:29
Eiserner Handwe	3.60	16:19	4:31	17	4:27	84	4:39	15.70	1:31:07	5:48	12	19:12	67	26:08
Schlüsie	4.10	15:14	3:42	13	3:18	58	4:13	19.80	1:46:21	5:22	12	22:30	64	30:21
Loddenke	3.10	12:20	3:58	10	2:23	47	3:04	22.90	1:58:41	5:10	12	24:53	62	33:25
Ilseburg/Markt	3.30	14:44	4:27	28	3:39	118	4:24	26.20	2:13:25	5:05	13	28:32	64	37:49