



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

SLIWINSKI, Christian

Club: Wernigerode  
Number: 346

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:16:58

Speed: 11.39 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 83 (of 500)

Rank in course/Men: 80 (of 423)

Best time in course: 1:35:36

Rank in category: 14(of 46)

Best time in the category: 1:41:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:31	4:42	6	3:20	34	3:32	3.30	15:31	4:42	6	3:20	34	3:32
Schlüsie	3.10	17:22	5:36	9	3:57	53	4:37	6.40	32:53	5:08	8	7:17	44	8:09
Hermannsklippe	2.60	15:28	5:56	8	3:31	51	4:17	9.00	48:21	5:22	8	10:48	50	12:26
Brocken	3.10	28:26	9:10	26	9:56	175	11:02	12.10	1:16:47	6:20	14	20:44	79	23:28
Eiserner Handwe	3.60	15:52	4:24	11	3:12	58	4:12	15.70	1:32:39	5:54	12	23:56	76	27:40
Schlüsie	4.10	15:45	3:50	12	3:48	80	4:44	19.80	1:48:24	5:28	14	27:44	76	32:24
Loddenke	3.10	13:12	4:15	14	3:12	107	3:56	22.90	2:01:36	5:18	14	30:56	76	36:20
Ilseburg/Markt	3.30	15:22	4:39	19	4:22	165	5:02	26.20	2:16:58	5:13	14	35:18	80	41:22