



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

SAMP, Alexander

Club: Whiskey Running Team  
Number: 5

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:17:49

Speed: 11.32 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 88 (of 500)

Rank in course/Men: 85 (of 423)

Best time in course: 1:35:36

Rank in category: 16(of 53)

Best time in the category: 1:54:00

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:13	5:31	25	4:15	162	6:14	3.30	18:13	5:31	25	4:15	162	6:14
Schlüsie	3.10	18:58	6:07	22	3:25	121	6:13	6.40	37:11	5:48	23	7:40	139	12:27
Hermannsklippe	2.60	16:45	6:26	21	3:02	124	5:34	9.00	53:56	5:59	21	10:42	128	18:01
Brocken	3.10	26:28	8:32	20	5:49	106	9:04	12.10	1:20:24	6:38	21	16:03	116	27:05
Eiserner Handwe	3.60	15:45	4:22	11	2:28	51	4:05	15.70	1:36:09	6:07	19	18:31	102	31:10
Schlüsie	4.10	15:14	3:42	10	2:26	58	4:13	19.80	1:51:23	5:37	17	20:57	97	35:23
Loddenke	3.10	12:39	4:04	9	1:40	66	3:23	22.90	2:04:02	5:24	16	22:37	91	38:46
Ilseburg/Markt	3.30	13:47	4:10	13	1:12	63	3:27	26.20	2:17:49	5:15	16	23:49	85	42:13