



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HARBART, Bernd

Club: Springe
Number: 200

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:18:10

Speed: 11.29 km/h
Running performance: 5:16 min/km

Rank in course/Total: 95 (of 500)

Rank in course/Men: 91 (of 423)

Best time in course: 1:35:36

Rank in category: 16(of 85)

Best time in the category: 1:44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:22	5:15	20	4:29	109	5:23	3.30	17:22	5:15	20	4:29	109	5:23
Schlüsie	3.10	18:48	6:03	21	4:22	111	6:03	6.40	36:10	5:39	22	8:51	113	11:26
Hermannsklippe	2.60	16:42	6:25	24	3:55	119	5:31	9.00	52:52	5:52	19	12:37	111	16:57
Brocken	3.10	26:39	8:35	19	6:51	111	9:15	12.10	1:19:31	6:34	19	19:28	108	26:12
Eiserner Handwe	3.60	16:19	4:31	17	4:27	84	4:39	15.70	1:35:50	6:06	18	23:55	100	30:51
Schlüsie	4.10	15:41	3:49	15	3:45	74	4:40	19.80	1:51:31	5:37	17	27:40	99	35:31
Loddenke	3.10	12:33	4:02	14	2:36	60	3:17	22.90	2:04:04	5:25	16	30:16	92	38:48
Ilseburg/Markt	3.30	14:06	4:16	16	3:01	73	3:46	26.20	2:18:10	5:16	16	33:17	91	42:34