



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

EMDE, Christian

Club: Rötgesbüttel

Number: 31

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:18:33

Speed: 11.35 km/h

Running performance: 5:17 min/km

Rank in course/Total: 97 (of 500)

Rank in course/Men: 93 (of 423)

Best time in course: 1:35:36

Rank in category: 15(of 46)

Best time in the category: 1:41:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:03	5:10	15	4:52	92	5:04	3.30	17:03	5:10	15	4:52	92	5:04
Schlüsie	3.10	18:03	5:49	16	4:38	82	5:18	6.40	35:06	5:29	15	9:30	82	10:22
Hermannsklippe	2.60	16:04	6:10	13	4:07	78	4:53	9.00	51:10	5:41	14	13:37	84	15:15
Brocken	3.10	27:30	8:52	19	9:00	139	10:06	12.10	1:18:40	6:30	16	22:37	95	25:21
Eiserner Handwe	3.60	16:07	4:28	12	3:27	70	4:27	15.70	1:34:47	6:02	15	26:04	92	29:48
Schlüsie	4.10	16:19	3:58	13	4:22	107	5:18	19.80	1:51:06	5:36	16	30:26	93	35:06
Loddenke	3.10	12:58	4:10	12	2:58	93	3:42	22.90	2:04:04	5:25	15	33:24	92	38:48
Ilseburg/Markt	3.30	14:29	4:23	13	3:29	96	4:09	26.20	2:18:33	5:17	15	36:53	93	42:57