



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HEINRICH, Uwe

Club: BSG Mecklenburgische Vers. Hannover
Number: 304

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:19:17

Speed: 11.20 km/h
Running performance: 5:19 min/km

Rank in course/Total: 101 (of 500)

Rank in course/Men: 97 (of 423)

Best time in course: 1:35:36

Rank in category: 1(of 23)

Best time in the category: 2:19:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:01	5:09	1	-	90	5:02	3.30	17:01	5:09	1	-	90	5:02
Schlüsie	3.10	18:30	5:58	1	-	97	5:45	6.40	35:31	5:32	1	-	88	10:47
Hermannsklippe	2.60	16:15	6:15	1	-	84	5:04	9.00	51:46	5:45	1	-	87	15:51
Brocken	3.10	26:00	8:23	1	-	88	8:36	12.10	1:17:46	6:25	1	-	84	24:27
Eiserner Handwe	3.60	16:54	4:41	1	-	121	5:14	15.70	1:34:40	6:01	1	-	90	29:41
Schlüsie	4.10	16:42	4:04	3	0:40	135	5:41	19.80	1:51:22	5:37	1	-	96	35:22
Loddenke	3.10	13:29	4:20	1	-	130	4:13	22.90	2:04:51	5:27	1	-	98	39:35
Ilseburg/Markt	3.30	14:26	4:22	1	-	90	4:06	26.20	2:19:17	5:18	1	-	97	43:41