



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Khlig, Dirk

Club: Läuferbund-SZB
Number: 512

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:20:54

Speed: 11.07 km/h
Running performance: 5:23 min/km

Rank in course/Total: 110 (of 500)

Rank in course/Men: 106 (of 423)

Best time in course: 1:35:36

Rank in category: 18(of 67)

Best time in the category: 2:00:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:21	5:15	18	1:34	106	5:22	3.30	17:21	5:15	18	1:34	106	5:22
Schlüsie	3.10	18:43	6:02	17	2:40	107	5:58	6.40	36:04	5:38	17	4:03	107	11:20
Hermannsklippe	2.60	16:27	6:19	13	2:14	102	5:16	9.00	52:31	5:50	16	6:17	103	16:36
Brocken	3.10	28:44	9:16	28	7:22	184	11:20	12.10	1:21:15	6:42	19	13:39	130	27:56
Eiserner Handwe	3.60	16:27	4:34	18	1:54	93	4:47	15.70	1:37:42	6:13	19	14:10	118	32:43
Schlüsie	4.10	15:49	3:51	13	1:44	84	4:48	19.80	1:53:31	5:43	18	15:25	111	37:31
Loddenke	3.10	12:51	4:08	13	2:02	79	3:35	22.90	2:06:22	5:31	18	17:27	108	41:06
Ilseburg/Markt	3.30	14:32	4:24	17	3:11	101	4:12	26.20	2:20:54	5:22	18	20:38	107	45:18