



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KOVERMANN, Steffen

Club: Stendal
Number: 41

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:21:55

Speed: 10.99 km/h
Running performance: 5:25 min/km

Rank in course/Total: 116 (of 500)

Rank in course/Men: 111 (of 423)

Best time in course: 1:35:36

Rank in category: 18(of 53)

Best time in the category: 1:54:00

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:15	5:31	26	4:17	166	6:16	3.30	18:15	5:31	26	4:17	166	6:16
Schlüsie	3.10	17:52	5:45	13	2:19	70	5:07	6.40	36:07	5:38	18	6:36	109	11:23
Hermannsklippe	2.60	15:47	6:04	14	2:04	68	4:36	9.00	51:54	5:46	16	8:40	88	15:59
Brocken	3.10	26:56	8:41	21	6:17	119	9:32	12.10	1:18:50	6:30	18	14:29	98	25:31
Eiserner Handwe	3.60	17:20	4:48	20	4:03	140	5:40	15.70	1:36:10	6:07	20	18:32	103	31:11
Schlüsie	4.10	17:19	4:13	24	4:31	163	6:18	19.80	1:53:29	5:43	19	23:03	110	37:29
Loddenke	3.10	14:00	4:30	25	3:01	173	4:44	22.90	2:07:29	5:34	20	26:04	120	42:13
Ilseburg/Markt	3.30	14:26	4:22	16	1:51	90	4:06	26.20	2:21:55	5:24	18	27:55	112	46:19