



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

CHEREK, Uwe

Club: Turnerbund Hamburg Eilbeck
Number: 27

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:22:14

Speed: 10.97 km/h
Running performance: 5:26 min/km

Rank in course/Total: 118 (of 500)

Rank in course/Men: 113 (of 423)

Best time in course: 1:35:36

Rank in category: 22(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:09	4:53	10	3:16	56	4:10	3.30	16:09	4:53	10	3:16	56	4:10
Schlüsie	3.10	18:09	5:51	16	3:43	87	5:24	6.40	34:18	5:21	11	6:59	68	9:34
Hermannsklippe	2.60	16:19	6:16	17	3:32	88	5:08	9.00	50:37	5:37	13	10:22	75	14:42
Brocken	3.10	25:21	8:10	13	5:33	70	7:57	12.10	1:15:58	6:16	13	15:55	69	22:39
Eiserner Handwe	3.60	16:54	4:41	26	5:02	121	5:14	15.70	1:32:52	5:54	15	20:57	77	27:53
Schlüsie	4.10	17:57	4:22	48	6:01	201	6:56	19.80	1:50:49	5:35	16	26:58	89	34:49
Loddenke	3.10	15:04	4:51	60	5:07	254	5:48	22.90	2:05:53	5:29	19	32:05	102	40:37
Ilseburg/Markt	3.30	16:21	4:57	57	5:16	234	6:01	26.20	2:22:14	5:25	22	37:21	114	46:38