



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

MÜLLER, Rolf

Club: LAV 07 Bad Harzburg e.V.  
Number: 173

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:22:21

Speed: 10.96 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 120 (of 500)

Rank in course/Men: 115 (of 423)

Best time in course: 1:35:36

Rank in category: 23(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:34	5:19	24	4:41	127	5:35	3.30	17:34	5:19	24	4:41	127	5:35
Schlüsie	3.10	18:33	5:59	18	4:07	101	5:48	6.40	36:07	5:38	20	8:48	109	11:23
Hermannsklippe	2.60	16:21	6:17	19	3:34	92	5:10	9.00	52:28	5:49	18	12:13	100	16:33
Brocken	3.10	26:45	8:37	21	6:57	114	9:21	12.10	1:19:13	6:32	18	19:10	103	25:54
Eiserner Handwe	3.60	16:57	4:42	27	5:05	127	5:17	15.70	1:36:10	6:07	19	24:15	103	31:11
Schlüsie	4.10	16:41	4:04	30	4:45	133	5:40	19.80	1:52:51	5:41	20	29:00	103	36:51
Loddenke	3.10	14:02	4:31	39	4:05	176	4:46	22.90	2:06:53	5:32	21	33:05	111	41:37
Ilseburg/Markt	3.30	15:28	4:41	45	4:23	173	5:08	26.20	2:22:21	5:25	23	37:28	116	46:45