



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HAGE, Christian-Philipp

Club: LLG Springe
Number: 264

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:22:32

Speed: 10.94 km/h
Running performance: 5:26 min/km

Rank in course/Total: 122 (of 500)

Rank in course/Men: 117 (of 423)

Best time in course: 1:35:36

Rank in category: 24(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:37	5:38	41	5:44	184	6:38	3.30	18:37	5:38	41	5:44	184	6:38
Schlüsie	3.10	19:16	6:12	31	4:50	141	6:31	6.40	37:53	5:55	37	10:34	164	13:09
Hermannsklippe	2.60	16:41	6:25	23	3:54	117	5:30	9.00	54:34	6:03	32	14:19	148	18:39
Brocken	3.10	24:24	7:52	10	4:36	49	7:00	12.10	1:18:58	6:31	17	18:55	99	25:39
Eiserner Handwe	3.60	18:29	5:08	38	6:37	188	6:49	15.70	1:37:27	6:12	21	25:32	114	32:28
Schlüsie	4.10	17:27	4:15	40	5:31	170	6:26	19.80	1:54:54	5:48	24	31:03	128	38:54
Loddenke	3.10	13:17	4:17	26	3:20	113	4:01	22.90	2:08:11	5:35	24	34:23	126	42:55
Ilseburg/Markt	3.30	14:21	4:20	20	3:16	87	4:01	26.20	2:22:32	5:26	24	37:39	118	46:56