



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

NOLTE, Dietmar

Club: LT Elsen-Wewer
Number: 115

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:22:34

Speed: 10.94 km/h
Running performance: 5:26 min/km

Rank in course/Total: 123 (of 500)

Rank in course/Men: 118 (of 423)

Best time in course: 1:35:36

Rank in category: 6(of 45)

Best time in the category: 2:07:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:18	5:32	10	2:07	170	6:19	3.30	18:18	5:32	10	2:07	170	6:19
Schlüsie	3.10	19:04	6:09	8	1:43	132	6:19	6.40	37:22	5:50	9	3:50	145	12:38
Hermannsklippe	2.60	16:50	6:28	7	1:29	130	5:39	9.00	54:12	6:01	7	5:19	137	18:17
Brocken	3.10	27:36	8:54	9	2:42	144	10:12	12.10	1:21:48	6:45	8	7:32	137	28:29
Eiserner Handwe	3.60	16:42	4:38	6	2:12	107	5:02	15.70	1:38:30	6:16	6	9:44	129	33:31
Schlüsie	4.10	16:25	4:00	7	2:20	115	5:24	19.80	1:54:55	5:48	7	12:04	130	38:55
Loddenke	3.10	12:56	4:10	5	1:08	87	3:40	22.90	2:07:51	5:34	6	13:12	123	42:35
Ilseburg/Markt	3.30	14:43	4:27	6	1:37	115	4:23	26.20	2:22:34	5:26	6	14:49	119	46:58