



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

PAHNKE, Andreas

Club: fairplay
Number: 139

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:22:52

Speed: 10.92 km/h
Running performance: 5:27 min/km

Rank in course/Total: 125 (of 500)

Rank in course/Men: 120 (of 423)

Best time in course: 1:35:36

Rank in category: 17(of 46)

Best time in the category: 1:41:40

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	km			Time	min/km
Loddenke	3.30	17:31	5:18	16	5:20	123	5:32	3.30	17:31	5:18	16	5:20	123	5:32
Schlüsie	3.10	18:54	6:05	18	5:29	117	6:09	6.40	36:25	5:41	18	10:49	117	11:41
Hermannsklippe	2.60	16:19	6:16	15	4:22	88	5:08	9.00	52:44	5:51	18	15:11	107	16:49
Brocken	3.10	26:05	8:24	14	7:35	92	8:41	12.10	1:18:49	6:30	17	22:46	97	25:30
Eiserner Handwe	3.60	17:37	4:53	19	4:57	150	5:57	15.70	1:36:26	6:08	18	27:43	107	31:27
Schlüsie	4.10	16:53	4:07	18	4:56	142	5:52	19.80	1:53:19	5:43	17	32:39	106	37:19
Loddenke	3.10	13:48	4:27	22	3:48	161	4:32	22.90	2:07:07	5:33	18	36:27	114	41:51
Ilseburg/Markt	3.30	15:45	4:46	21	4:45	197	5:25	26.20	2:22:52	5:27	18	41:12	121	47:16