



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Sarpall, Ishwar

Club: Eskalationskommando
Number: 537

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:23:50

Speed: 10.85 km/h
Running performance: 5:29 min/km

Rank in course/Total: 137 (of 500)

Rank in course/Men: 131 (of 423)

Best time in course: 1:35:36

Rank in category: 20(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:37	6:14	34	6:42	304	8:38	3.30	20:37	6:14	34	6:42	304	8:38
Schlüsie	3.10	20:55	6:44	32	5:38	244	8:10	6.40	41:32	6:29	32	12:19	277	16:48
Hermannsklippe	2.60	16:37	6:23	20	3:14	112	5:26	9.00	58:09	6:27	27	15:28	216	22:14
Brocken	3.10	26:45	8:37	18	5:49	114	9:21	12.10	1:24:54	7:00	27	21:07	178	31:35
Eiserner Handwe	3.60	16:13	4:30	14	2:33	76	4:33	15.70	1:41:07	6:26	23	23:40	159	36:08
Schlüsie	4.10	15:27	3:46	12	1:55	65	4:26	19.80	1:56:34	5:53	21	25:32	143	40:34
Loddenke	3.10	12:57	4:10	15	2:02	91	3:41	22.90	2:09:31	5:39	21	26:48	137	44:15
Ilseburg/Markt	3.30	14:19	4:20	10	2:25	85	3:59	26.20	2:23:50	5:29	20	28:41	132	48:14