



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

DITTMANN, Helmut

Club: Brockenlaufverein
Number: 310

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:25:43

Speed: 10.79 km/h
Running performance: 5:34 min/km

Rank in course/Total: 149 (of 500)

Rank in course/Men: 143 (of 423)

Best time in course: 1:35:36

Rank in category: 1(of 13)

Best time in the category: 2:25:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:13	5:31	1	-	162	6:14	3.30	18:13	5:31	1	-	162	6:14
Schlüsle	3.10	19:27	6:16	1	-	155	6:42	6.40	37:40	5:53	1	-	159	12:56
Hermannsklippe	2.60	17:07	6:34	1	-	145	5:56	9.00	54:47	6:05	1	-	153	18:52
Brocken	3.10	26:43	8:37	1	-	112	9:19	12.10	1:21:30	6:44	1	-	136	28:11
Eiserner Handwe	3.60	17:18	4:48	1	-	138	5:38	15.70	1:38:48	6:17	1	-	134	33:49
Schlüsle	4.10	17:01	4:09	1	-	148	6:00	19.80	1:55:49	5:50	1	-	137	39:49
Loddenke	3.10	14:07	4:33	2	0:08	186	4:51	22.90	2:09:56	5:40	1	-	140	44:40
Ilseburg/Markt	3.30	15:47	4:46	3	0:06	201	5:27	26.20	2:25:43	5:33	1	-	144	50:07