



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Wiedemann, Sven

Club: Läuferbund-SZB
Number: 513

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:25:56

Speed: 10.69 km/h
Running performance: 5:34 min/km

Rank in course/Total: 150 (of 500)

Rank in course/Men: 144 (of 423)

Best time in course: 1:35:36

Rank in category: 31(of 85)

Best time in the category: 1:44:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:31	5:18	23	4:38	123	5:32	3.30	17:31	5:18	23	4:38	123	5:32
Schlüsie	3.10	19:25	6:15	34	4:59	152	6:40	6.40	36:56	5:46	26	9:37	129	12:12
Hermannsklippe	2.60	18:57	7:17	56	6:10	253	7:46	9.00	55:53	6:12	38	15:38	172	19:58
Brocken	3.10	31:05	10:01	58	11:17	265	13:41	12.10	1:26:58	7:11	45	26:55	200	33:39
Eiserner Handwe	3.60	16:27	4:34	19	4:35	93	4:47	15.70	1:43:25	6:35	39	31:30	181	38:26
Schlüsie	4.10	15:09	3:41	12	3:13	54	4:08	19.80	1:58:34	5:59	35	34:43	158	42:34
Loddenke	3.10	12:33	4:02	14	2:36	60	3:17	22.90	2:11:07	5:43	31	37:19	149	45:51
Ilseburg/Markt	3.30	14:49	4:29	30	3:44	123	4:29	26.20	2:25:56	5:34	31	41:03	146	50:20