



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

König, Andreas

Club: MTV Gifhorn  
Number: 501

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:26:55

Speed: 10.62 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 154 (of 500)

Rank in course/Men: 148 (of 423)

Best time in course: 1:35:36

Rank in category: 21(of 45)

Best time in the category: 1:55:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Loddenke	3.30	18:44	5:40	25	4:49	196	6:45	3.30	18:44	5:40	25	4:49	196	6:45				
Schlüsie	3.10	19:40	6:20	25	4:23	170	6:55	6.40	38:24	5:59	25	9:11	180	13:40				
Hermannsklippe	2.60	16:55	6:30	23	3:32	135	5:44	9.00	55:19	6:08	25	12:38	160	19:24				
Brocken	3.10	25:39	8:16	13	4:43	77	8:15	12.10	1:20:58	6:41	21	17:11	122	27:39				
Eiserner Handwe	3.60	17:59	4:59	22	4:19	164	6:19	15.70	1:38:57	6:18	21	21:30	136	33:58				
Schlüsie	4.10	17:56	4:22	28	4:24	199	6:55	19.80	1:56:53	5:54	22	25:51	146	40:53				
Loddenke	3.10	14:19	4:37	24	3:24	201	5:03	22.90	2:11:12	5:43	22	28:29	150	45:56				
Ilseburg/Markt	3.30	15:43	4:45	25	3:49	195	5:23	26.20	2:26:55	5:36	21	31:46	150	51:19				