



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HEINRICH, Marko

Club: Eintracht Gommern
Number: 380

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:27:09

Speed: 10.60 km/h
Running performance: 5:37 min/km

Rank in course/Total: 155 (of 500)

Rank in course/Men: 149 (of 423)

Best time in course: 1:35:36

Rank in category: 22(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:44	5:22	20	3:49	134	5:45	3.30	17:44	5:22	20	3:49	134	5:45
Schlüsie	3.10	18:57	6:06	19	3:40	120	6:12	6.40	36:41	5:43	20	7:28	123	11:57
Hermannsklippe	2.60	16:48	6:27	22	3:25	128	5:37	9.00	53:29	5:56	20	10:48	121	17:34
Brocken	3.10	26:54	8:40	19	5:58	117	9:30	12.10	1:20:23	6:38	20	16:36	115	27:04
Eiserner Handwe	3.60	16:45	4:39	17	3:05	110	5:05	15.70	1:37:08	6:11	19	19:41	111	32:09
Schlüsie	4.10	16:56	4:07	20	3:24	143	5:55	19.80	1:54:04	5:45	20	23:02	120	38:04
Loddenke	3.10	15:08	4:52	31	4:13	257	5:52	22.90	2:09:12	5:38	20	26:29	136	43:56
Ilseburg/Markt	3.30	17:57	5:26	39	6:03	322	7:37	26.20	2:27:09	5:36	22	32:00	151	51:33