



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

Jürgens, Uwe

Club: Braunschweig
Number: 507

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:27:58

Speed: 10.62 km/h
Running performance: 5:39 min/km

Rank in course/Total: 162 (of 500)

Rank in course/Men: 156 (of 423)

Best time in course: 1:35:36

Rank in category: 35(of 85)

Best time in the category: 1:44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:35	5:56	56	6:42	248	7:36	3.30	19:35	5:56	56	6:42	248	7:36
Schlüsie	3.10	19:46	6:22	39	5:20	175	7:01	6.40	39:21	6:08	47	12:02	207	14:37
Hermannsklippe	2.60	16:56	6:30	29	4:09	136	5:45	9.00	56:17	6:15	41	16:02	181	20:22
Brocken	3.10	28:03	9:02	30	8:15	157	10:39	12.10	1:24:20	6:58	37	24:17	169	31:01
Eiserner Handwe	3.60	16:49	4:40	24	4:57	115	5:09	15.70	1:41:09	6:26	34	29:14	160	36:10
Schlüsie	4.10	17:06	4:10	33	5:10	153	6:05	19.80	1:58:15	5:58	34	34:24	155	42:15
Loddenke	3.10	14:19	4:37	47	4:22	201	5:03	22.90	2:12:34	5:47	35	38:46	159	47:18
Ilseburg/Markt	3.30	15:24	4:40	42	4:19	167	5:04	26.20	2:27:58	5:38	35	43:05	158	52:22