



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

**STRING, Philipp**

Club: Stader SV  
Number: 65

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:28:08

Speed: 10.53 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 163 (of 500)

Rank in course/Men: 157 (of 423)

Best time in course: 1:35:36

Rank in category: 10(of 45)

Best time in the category: 2:07:45

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 17:27      | 5:17         | 6        | 1:16        | 117     | 5:28       | 3.30     | 17:27         | 5:17         | 6        | 1:16        | 117     | 5:28       |
| Schlüsie           | 3.10     | 19:20      | 6:14         | 9        | 1:59        | 145     | 6:35       | 6.40     | 36:47         | 5:44         | 5        | 3:15        | 126     | 12:03      |
| Hermannsklippe     | 2.60     | 17:37      | 6:46         | 11       | 2:16        | 185     | 6:26       | 9.00     | 54:24         | 6:02         | 8        | 5:31        | 142     | 18:29      |
| Brocken            | 3.10     | 28:03      | 9:02         | 10       | 3:09        | 157     | 10:39      | 12.10    | 1:22:27       | 6:48         | 9        | 8:11        | 151     | 29:08      |
| Eiserner Handwe    | 3.60     | 17:55      | 4:58         | 11       | 3:25        | 163     | 6:15       | 15.70    | 1:40:22       | 6:23         | 10       | 11:36       | 150     | 35:23      |
| Schlüsie           | 4.10     | 18:17      | 4:27         | 12       | 4:12        | 219     | 7:16       | 19.80    | 1:58:39       | 5:59         | 10       | 15:48       | 160     | 42:39      |
| Loddenke           | 3.10     | 14:09      | 4:33         | 13       | 2:21        | 188     | 4:53       | 22.90    | 2:12:48       | 5:47         | 10       | 18:09       | 161     | 47:32      |
| Ilseburg/Markt     | 3.30     | 15:20      | 4:38         | 12       | 2:14        | 160     | 5:00       | 26.20    | 2:28:08       | 5:39         | 10       | 20:23       | 159     | 52:32      |