



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

HELMHOLZ, Jason

Club: GS Grundschule Prinzess-Ilse  
Number: 895

Course: 1.80 km  
1,8 km - Lauf

Category:  
männliche Kinder U8 (unter 8 Jahren)

Total time: 9:58

Speed: 6.02 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 59 (of 133)

Rank in course/Men: 36 (of 64)

Best time in course: 7:13

Rank in category: 11(of 18)

Best time in the category: 7:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	4:57	5:30	10	0:50	34	1:05	0.90	4:57	5:30	10	0:50	34	1:05
Ilseburg/Markt	0.90	5:01	5:34	12	1:17	36	1:29	1.80	9:58	5:32	11	2:07	36	2:45