



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Hennecke, Hans-Joachim

Club: TSV Klehm
Number: 533

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:31:10

Speed: 10.32 km/h
Running performance: 5:46 min/km

Rank in course/Total: 188 (of 500)

Rank in course/Men: 180 (of 423)

Best time in course: 1:35:36

Rank in category: 42(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:02	6:22	73	8:09	342	9:03	3.30	21:02	6:22	73	8:09	342	9:03
Schlüsie	3.10	20:49	6:42	59	6:23	241	8:04	6.40	41:51	6:32	66	14:32	291	17:07
Hermannsklippe	2.60	17:00	6:32	30	4:13	139	5:49	9.00	58:51	6:32	56	18:36	240	22:56
Brocken	3.10	29:20	9:27	43	9:32	203	11:56	12.10	1:28:11	7:17	50	28:08	220	34:52
Eiserner Handwe	3.60	17:09	4:45	31	5:17	134	5:29	15.70	1:45:20	6:42	45	33:25	199	40:21
Schlüsie	4.10	16:26	4:00	26	4:30	117	5:25	19.80	2:01:46	6:08	42	37:55	190	45:46
Loddenke	3.10	14:03	4:31	41	4:06	178	4:47	22.90	2:15:49	5:55	42	42:01	185	50:33
Ilseburg/Markt	3.30	15:21	4:39	40	4:16	163	5:01	26.20	2:31:10	5:46	42	46:17	182	55:34