



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MANZ, Stefan

Club: Diera-Zehren
Number: 89

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:31:58

Speed: 10.27 km/h
Running performance: 5:48 min/km

Rank in course/Total: 193 (of 500)

Rank in course/Men: 184 (of 423)

Best time in course: 1:35:36

Rank in category: 23(of 46)

Best time in the category: 1:41:40

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 20:47 | 6:17 | 38 | 8:36 | 319 | 8:48 | 3.30 | 20:47 | 6:17 | 38 | 8:36 | 319 | 8:48 |
| Schlüsie | 3.10 | 20:10 | 6:30 | 27 | 6:45 | 196 | 7:25 | 6.40 | 40:57 | 6:23 | 36 | 15:21 | 257 | 16:13 |
| Hermannsklippe | 2.60 | 17:33 | 6:45 | 23 | 5:36 | 177 | 6:22 | 9.00 | 58:30 | 6:30 | 31 | 20:57 | 230 | 22:35 |
| Brocken | 3.10 | 29:43 | 9:35 | 31 | 11:13 | 215 | 12:19 | 12.10 | 1:28:13 | 7:17 | 31 | 32:10 | 223 | 34:54 |
| Eiserner Handwe | 3.60 | 18:46 | 5:12 | 24 | 6:06 | 208 | 7:06 | 15.70 | 1:46:59 | 6:48 | 30 | 38:16 | 221 | 42:00 |
| Schlüsie | 4.10 | 17:15 | 4:12 | 21 | 5:18 | 158 | 6:14 | 19.80 | 2:04:14 | 6:16 | 26 | 43:34 | 204 | 48:14 |
| Loddenke | 3.10 | 13:39 | 4:24 | 21 | 3:39 | 148 | 4:23 | 22.90 | 2:17:53 | 6:01 | 26 | 47:13 | 199 | 52:37 |
| Ilseburg/Markt | 3.30 | 14:05 | 4:16 | 10 | 3:05 | 72 | 3:45 | 26.20 | 2:31:58 | 5:48 | 24 | 50:18 | 186 | 56:22 |