



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

TIETZE, Heiko

Club: Berlin
Number: 33

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:32:06

Speed: 10.26 km/h
Running performance: 5:49 min/km

Rank in course/Total: 194 (of 500)

Rank in course/Men: 185 (of 423)

Best time in course: 1:35:36

Rank in category: 44(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:57	5:44	46	6:04	207	6:58	3.30	18:57	5:44	46	6:04	207	6:58
Schlüsie	3.10	20:27	6:35	52	6:01	218	7:42	6.40	39:24	6:09	49	12:05	210	14:40
Hermannsklippe	2.60	18:40	7:10	54	5:53	232	7:29	9.00	58:04	6:27	50	17:49	214	22:09
Brocken	3.10	30:43	9:54	56	10:55	255	13:19	12.10	1:28:47	7:20	57	28:44	238	35:28
Eiserner Handwe	3.60	17:52	4:57	34	6:00	160	6:12	15.70	1:46:39	6:47	48	34:44	217	41:40
Schlüsie	4.10	16:41	4:04	30	4:45	133	5:40	19.80	2:03:20	6:13	45	39:29	196	47:20
Loddenke	3.10	13:37	4:23	30	3:40	144	4:21	22.90	2:16:57	5:58	44	43:09	192	51:41
Ilseburg/Markt	3.30	15:09	4:35	36	4:04	144	4:49	26.20	2:32:06	5:48	44	47:13	187	56:30