



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

WANZEK, Thor

Club: feel good! Lüdenscheid
Number: 236

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:32:41

Speed: 10.22 km/h
Running performance: 5:50 min/km

Rank in course/Total: 196 (of 500)

Rank in course/Men: 187 (of 423)

Best time in course: 1:35:36

Rank in category: 25(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	30	5:28	238	7:27	3.30	19:26	5:53	30	5:28	238	7:27
Schlüsie	3.10	21:17	6:51	34	5:44	270	8:32	6.40	40:43	6:21	30	11:12	249	15:59
Hermannsklippe	2.60	18:27	7:05	27	4:44	222	7:16	9.00	59:10	6:34	29	15:56	247	23:15
Brocken	3.10	29:45	9:35	28	9:06	219	12:21	12.10	1:28:55	7:20	29	24:34	240	35:36
Eiserner Handwe	3.60	17:38	4:53	22	4:21	153	5:58	15.70	1:46:33	6:47	28	28:55	215	41:34
Schlüsie	4.10	17:41	4:18	27	4:53	180	6:40	19.80	2:04:14	6:16	26	33:48	204	48:14
Loddenke	3.10	13:46	4:26	23	2:47	160	4:30	22.90	2:18:00	6:01	26	36:35	200	52:44
Ilseburg/Markt	3.30	14:41	4:26	18	2:06	109	4:21	26.20	2:32:41	5:49	26	38:41	189	57:05