



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

BERNDT, Tommy

Club: FSV Grün Weiß Ilseburg
Number: 202

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:34:37

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 226 (of 500)

Rank in course/Men: 210 (of 423)

Best time in course: 1:35:36

Rank in category: 28(of 45)

Best time in the category: 1:55:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:29	4:59	15	2:34	74	4:30	3.30	16:29	4:59	15	2:34	74	4:30
Schlüsie	3.10	19:11	6:11	20	3:54	135	6:26	6.40	35:40	5:34	17	6:27	93	10:56
Hermannsklippe	2.60	17:20	6:39	26	3:57	163	6:09	9.00	53:00	5:53	18	10:19	114	17:05
Brocken	3.10	31:34	10:10	39	10:38	284	14:10	12.10	1:24:34	6:59	26	20:47	173	31:15
Eiserner Handwe	3.60	18:41	5:11	28	5:01	200	7:01	15.70	1:43:15	6:34	27	25:48	177	38:16
Schlüsie	4.10	17:54	4:21	26	4:22	194	6:53	19.80	2:01:09	6:07	25	30:07	182	45:09
Loddenke	3.10	15:46	5:05	35	4:51	297	6:30	22.90	2:16:55	5:58	26	34:12	191	51:39
Ilseburg/Markt	3.30	17:42	5:21	37	5:48	304	7:22	26.20	2:34:37	5:54	28	39:28	212	59:01