



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

STREESE, Steffen

Club: MTV Goslar
Number: 325

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:34:48

Speed: 10.08 km/h
Running performance: 5:55 min/km

Rank in course/Total: 229 (of 500)

Rank in course/Men: 213 (of 423)

Best time in course: 1:35:36

Rank in category: 26(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:00	6:21	37	7:02	338	9:01	3.30	21:00	6:21	37	7:02	338	9:01
Schlüsie	3.10	21:03	6:47	29	5:30	255	8:18	6.40	42:03	6:34	36	12:32	293	17:19
Hermannsklippe	2.60	18:04	6:56	25	4:21	205	6:53	9.00	1:00:07	6:40	30	16:53	257	24:12
Brocken	3.10	29:54	9:38	29	9:15	222	12:30	12.10	1:30:01	7:26	30	25:40	250	36:42
Eiserner Handwe	3.60	17:52	4:57	26	4:35	160	6:12	15.70	1:47:53	6:52	30	30:15	234	42:54
Schlüsie	4.10	17:31	4:16	26	4:43	173	6:30	19.80	2:05:24	6:20	28	34:58	222	49:24
Loddenke	3.10	13:48	4:27	24	2:49	161	4:32	22.90	2:19:12	6:04	27	37:47	215	53:56
Ilseburg/Markt	3.30	15:36	4:43	27	3:01	184	5:16	26.20	2:34:48	5:54	27	40:48	215	59:12