



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HOEFT, Laura

Club: Clausthal-Zellerfeld
Number: 265

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:35:42

Speed: 10.02 km/h
Running performance: 5:56 min/km

Rank in course/Total: 231 (of 500)

Rank in course/Women: 17 (of 77)

Best time in course: 1:57:27

Rank in category: 4(of 5)

Best time in the category: 1:57:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:28	5:53	4	4:47	19	4:47	3.30	19:28	5:53	4	4:47	19	4:47
Schlüsie	3.10	22:22	7:12	5	6:13	32	6:13	6.40	41:50	6:32	5	11:00	26	11:00
Hermannsklippe	2.60	19:20	7:26	5	4:53	26	4:53	9.00	1:01:10	6:47	5	15:53	26	15:53
Brocken	3.10	33:02	10:39	5	10:45	37	10:45	12.10	1:34:12	7:47	5	26:38	29	26:38
Eiserner Handwe	3.60	17:45	4:55	3	4:37	11	4:37	15.70	1:51:57	7:07	4	31:15	22	31:15
Schlüsie	4.10	16:30	4:01	3	3:22	7	3:22	19.80	2:08:27	6:29	4	34:37	21	34:37
Loddenke	3.10	12:36	4:03	2	1:11	3	1:11	22.90	2:21:03	6:09	4	35:48	17	35:48
Ilseburg/Markt	3.30	14:39	4:26	2	2:27	7	14:24	26.20	2:35:42	5:56	4	38:15	18	2:35:27