



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

Ciana, Reiner

Club: LG Rudelsburg Bad Kösen
Number: 520

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:37:08

Speed: 10.00 km/h
Running performance: 6:00 min/km

Rank in course/Total: 246 (of 500)

Rank in course/Men: 228 (of 423)

Best time in course: 1:35:36

Rank in category: 7(of 23)

Best time in the category: 2:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:54	6:19	14	3:53	330	8:55	3.30	20:54	6:19	14	3:53	330	8:55
Schlüsse	3.10	21:25	6:54	8	2:55	279	8:40	6.40	42:19	6:36	10	6:48	309	17:35
Hermannsklippe	2.60	18:35	7:08	5	2:20	229	7:24	9.00	1:00:54	6:46	8	9:08	277	24:59
Brocken	3.10	29:02	9:21	5	3:02	194	11:38	12.10	1:29:56	7:25	7	12:10	248	36:37
Eiserner Handwe	3.60	18:06	5:01	5	1:12	168	6:26	15.70	1:48:02	6:52	7	13:22	237	43:03
Schlüsse	4.10	17:56	4:22	6	1:54	199	6:55	19.80	2:05:58	6:21	7	14:36	230	49:58
Loddenke	3.10	14:32	4:41	6	1:03	218	5:16	22.90	2:20:30	6:08	6	15:39	227	55:14
Ilseburg/Markt	3.30	16:38	5:02	6	2:12	253	6:18	26.20	2:37:08	5:59	7	17:51	230	1:01:32