



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KRUMPEN-MÜLLER, Sabine

Club: LAV 07 Bad Harzburg e.V.
Number: 176

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:37:31

Speed: 9.90 km/h
Running performance: 6:01 min/km

Rank in course/Total: 250 (of 500)

Rank in course/Women: 19 (of 77)

Best time in course: 1:57:27

Rank in category: 3(of 16)

Best time in the category: 2:23:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:49	5:42	3	1:21	12	4:08	3.30	18:49	5:42	3	1:21	12	4:08
Schlüsie	3.10	21:21	6:53	5	2:07	22	5:12	6.40	40:10	6:16	3	3:28	17	9:20
Hermannsklippe	2.60	18:54	7:16	4	1:39	23	4:27	9.00	59:04	6:33	3	5:07	17	13:47
Brocken	3.10	31:40	10:12	5	3:47	23	9:23	12.10	1:30:44	7:29	4	8:54	20	23:10
Eiserner Handwe	3.60	19:21	5:22	5	2:19	20	6:13	15.70	1:50:05	7:00	4	11:13	19	29:23
Schlüsie	4.10	17:45	4:19	4	0:41	19	4:37	19.80	2:07:50	6:27	4	11:54	19	34:00
Loddenke	3.10	14:03	4:31	3	0:48	13	2:38	22.90	2:21:53	6:11	4	12:42	20	36:38
Ilseburg/Markt	3.30	15:38	4:44	4	1:02	20	15:23	26.20	2:37:31	6:00	3	13:44	20	2:37:16