



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

GRIMM, Olaf

Club: SG Bredenbeck
Number: 154

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:37:36

Speed: 9.90 km/h
Running performance: 6:01 min/km

Rank in course/Total: 253 (of 500)

Rank in course/Men: 233 (of 423)

Best time in course: 1:35:36

Rank in category: 42(of 67)

Best time in the category: 2:00:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:03	6:22	60	5:16	344	9:04	3.30	21:03	6:22	60	5:16	344	9:04
Schlüsie	3.10	22:15	7:10	59	6:12	330	9:30	6.40	43:18	6:45	59	11:17	338	18:34
Hermannsklippe	2.60	19:41	7:34	54	5:28	301	8:30	9.00	1:02:59	6:59	59	16:45	334	27:04
Brocken	3.10	32:05	10:20	52	10:43	299	14:41	12.10	1:35:04	7:51	54	27:28	313	41:45
Eiserner Handwe	3.60	17:30	4:51	27	2:57	146	5:50	15.70	1:52:34	7:10	52	29:02	285	47:35
Schlüsie	4.10	16:32	4:01	22	2:27	122	5:31	19.80	2:09:06	6:31	46	31:00	258	53:06
Loddenke	3.10	13:18	4:17	23	2:29	115	4:02	22.90	2:22:24	6:13	42	33:29	241	57:08
Ilseburg/Markt	3.30	15:12	4:36	27	3:51	149	4:52	26.20	2:37:36	6:00	42	37:20	235	1:02:00