



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

JANSSEN, Stefan

Club: Hannover
Number: 199

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:38:10

Speed: 9.94 km/h
Running performance: 6:02 min/km

Rank in course/Total: 255 (of 500)

Rank in course/Men: 235 (of 423)

Best time in course: 1:35:36

Rank in category: 29(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:08	6:24	40	7:10	349	9:09	3.30	21:08	6:24	40	7:10	349	9:09
Schlüsie	3.10	21:54	7:03	40	6:21	309	9:09	6.40	43:02	6:43	41	13:31	330	18:18
Hermannsklippe	2.60	18:55	7:16	32	5:12	250	7:44	9.00	1:01:57	6:53	38	18:43	306	26:02
Brocken	3.10	31:41	10:13	39	11:02	289	14:17	12.10	1:33:38	7:44	39	29:17	300	40:19
Eiserner Handwe	3.60	18:10	5:02	27	4:53	172	6:30	15.70	1:51:48	7:07	34	34:10	272	46:49
Schlüsie	4.10	17:00	4:08	21	4:12	144	5:59	19.80	2:08:48	6:30	32	38:22	256	52:48
Loddenke	3.10	13:23	4:19	19	2:24	122	4:07	22.90	2:22:11	6:12	30	40:46	238	56:55
Ilseburg/Markt	3.30	15:59	4:50	31	3:24	216	5:39	26.20	2:38:10	6:02	30	44:10	237	1:02:34