



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

**BIRLA, Clemens**

Club: Köln  
Number: 267

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:38:29

Speed: 9.84 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 257 (of 500)

Rank in course/Men: 236 (of 423)

Best time in course: 1:35:36

Rank in category: 31(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:38	6:33	42	7:43	361	9:39	3.30	21:38	6:33	42	7:43	361	9:39
Schlüsie	3.10	21:56	7:04	39	6:39	310	9:11	6.40	43:34	6:48	40	14:21	342	18:50
Hermannsklippe	2.60	18:59	7:18	33	5:36	254	7:48	9.00	1:02:33	6:56	39	19:52	326	26:38
Brocken	3.10	28:38	9:14	27	7:42	182	11:14	12.10	1:31:11	7:32	34	27:24	268	37:52
Eiserner Handwe	3.60	19:07	5:18	33	5:27	233	7:27	15.70	1:50:18	7:01	34	32:51	258	45:19
Schlüsie	4.10	18:10	4:25	30	4:38	213	7:09	19.80	2:08:28	6:29	33	37:26	250	52:28
Loddenke	3.10	14:57	4:49	29	4:02	247	5:41	22.90	2:23:25	6:15	32	40:42	249	58:09
Ilseburg/Markt	3.30	15:04	4:33	17	3:10	138	4:44	26.20	2:38:29	6:02	31	43:20	238	1:02:53