



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Reifgerste, Uwe

Club: Gernrode  
Number: 535

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:38:31

Speed: 9.84 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 258 (of 500)

Rank in course/Men: 237 (of 423)

Best time in course: 1:35:36

Rank in category: 58(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:03	5:46	47	6:10	210	7:04	3.30	19:03	5:46	47	6:10	210	7:04
Schlüsie	3.10	20:33	6:37	54	6:07	225	7:48	6.40	39:36	6:11	51	12:17	213	14:52
Hermannsklippe	2.60	18:35	7:08	53	5:48	229	7:24	9.00	58:11	6:27	52	17:56	218	22:16
Brocken	3.10	30:08	9:43	52	10:20	234	12:44	12.10	1:28:19	7:17	54	28:16	229	35:00
Eiserner Handwe	3.60	20:01	5:33	63	8:09	273	8:21	15.70	1:48:20	6:54	57	36:25	241	43:21
Schlüsie	4.10	19:01	4:38	57	7:05	248	8:00	19.80	2:07:21	6:25	58	43:30	239	51:21
Loddenke	3.10	14:40	4:43	56	4:43	227	5:24	22.90	2:22:01	6:12	58	48:13	236	56:45
Ilseburg/Markt	3.30	16:30	5:00	59	5:25	245	6:10	26.20	2:38:31	6:03	58	53:38	239	1:02:55