



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

Ockmann, Thomas

Club: Brockenlaufverein
Number: 477

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:42:54

Speed: 9.58 km/h
Running performance: 6:13 min/km

Rank in course/Total: 291 (of 500)

Rank in course/Men: 268 (of 423)

Best time in course: 1:35:36

Rank in category: 62(of 85)

Best time in the category: 1:44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:27	5:53	54	6:34	240	7:28	3.30	19:27	5:53	54	6:34	240	7:28
Schlüsle	3.10	21:56	7:04	71	7:30	310	9:11	6.40	41:23	6:27	62	14:04	272	16:39
Hermannsklippe	2.60	20:11	7:45	71	7:24	328	9:00	9.00	1:01:34	6:50	66	21:19	290	25:39
Brocken	3.10	34:07	11:00	76	14:19	355	16:43	12.10	1:35:41	7:54	71	35:38	326	42:22
Eiserner Handwe	3.60	18:50	5:13	49	6:58	215	7:10	15.70	1:54:31	7:17	65	42:36	295	49:32
Schlüsle	4.10	18:13	4:26	50	6:17	217	7:12	19.80	2:12:44	6:42	65	48:53	286	56:44
Loddenke	3.10	14:18	4:36	46	4:21	199	5:02	22.90	2:27:02	6:25	64	53:14	274	1:01:46
Ilseburg/Markt	3.30	15:52	4:48	53	4:47	210	5:32	26.20	2:42:54	6:13	62	58:01	270	1:07:18