



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

SPEIDEL, Jörg

Club: SV Kralenriede

Number: 170

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:43:36

Speed: 9.61 km/h

Running performance: 6:14 min/km

Rank in course/Total: 295 (of 500)

Rank in course/Men: 271 (of 423)

Best time in course: 1:35:36

Rank in category: 21(of 45)

Best time in the category: 2:07:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:24	5:52	17	3:13	234	7:25	3.30	19:24	5:52	17	3:13	234	7:25
Schlüsle	3.10	21:34	6:57	22	4:13	291	8:49	6.40	40:58	6:24	19	7:26	259	16:14
Hermannsklippe	2.60	19:01	7:18	19	3:40	256	7:50	9.00	59:59	6:39	17	11:06	255	24:04
Brocken	3.10	31:08	10:02	26	6:14	267	13:44	12.10	1:31:07	7:31	22	16:51	266	37:48
Eiserner Handwe	3.60	20:41	5:44	28	6:11	302	9:01	15.70	1:51:48	7:07	22	23:02	272	46:49
Schlüsle	4.10	21:17	5:11	32	7:12	346	10:16	19.80	2:13:05	6:43	22	30:14	290	57:05
Loddenke	3.10	15:08	4:52	17	3:20	257	5:52	22.90	2:28:13	6:28	21	33:34	283	1:02:57
Ilseburg/Markt	3.30	15:23	4:39	14	2:17	166	5:03	26.20	2:43:36	6:14	21	35:51	273	1:08:00