



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Ehrenberg, Jörg

Club: SV Kyffhäuser
Number: 540

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:44:00

Speed: 9.51 km/h
Running performance: 6:16 min/km

Rank in course/Total: 298 (of 500)

Rank in course/Men: 273 (of 423)

Best time in course: 1:35:36

Rank in category: 22(of 45)

Best time in the category: 2:07:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:52	6:19	33	4:41	329	8:53	3.30	20:52	6:19	33	4:41	329	8:53
Schlüsie	3.10	21:28	6:55	21	4:07	286	8:43	6.40	42:20	6:36	24	8:48	310	17:36
Hermannsklippe	2.60	19:20	7:26	23	3:59	283	8:09	9.00	1:01:40	6:51	25	12:47	295	25:45
Brocken	3.10	30:09	9:43	20	5:15	235	12:45	12.10	1:31:49	7:35	24	17:33	274	38:30
Eiserner Handwe	3.60	20:15	5:37	26	5:45	285	8:35	15.70	1:52:04	7:08	23	23:18	275	47:05
Schlüsie	4.10	21:09	5:09	31	7:04	344	10:08	19.80	2:13:13	6:43	23	30:22	291	57:13
Loddenke	3.10	15:27	4:59	21	3:39	277	6:11	22.90	2:28:40	6:29	23	34:01	288	1:03:24
Ilseburg/Markt	3.30	15:20	4:38	12	2:14	160	5:00	26.20	2:44:00	6:15	22	36:15	275	1:08:24