



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Schaper, Frank

Club: Langeln  
Number: 495

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:44:50

Speed: 9.46 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 305 (of 500)

Rank in course/Men: 279 (of 423)

Best time in course: 1:35:36

Rank in category: 49(of 67)

Best time in the category: 2:00:16

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 21:13      | 6:25         | 62          | 5:26        | 351     | 9:14       | 3.30          | 21:13      | 6:25         | 62       | 5:26        | 351     | 9:14       |
| Schlüsie           | 3.10     | 22:37      | 7:17         | 60          | 6:34        | 346     | 9:52       | 6.40          | 43:50      | 6:50         | 60       | 11:49       | 347     | 19:06      |
| Hermannsklippe     | 2.60     | 19:38      | 7:33         | 53          | 5:25        | 300     | 8:27       | 9.00          | 1:03:28    | 7:03         | 60       | 17:14       | 336     | 27:33      |
| Brocken            | 3.10     | 33:49      | 10:54        | 60          | 12:27       | 345     | 16:25      | 12.10         | 1:37:17    | 8:02         | 61       | 29:41       | 342     | 43:58      |
| Eiserner Handwe    | 3.60     | 19:07      | 5:18         | 42          | 4:34        | 233     | 7:27       | 15.70         | 1:56:24    | 7:24         | 56       | 32:52       | 319     | 51:25      |
| Schlüsie           | 4.10     | 18:44      | 4:34         | 44          | 4:39        | 234     | 7:43       | 19.80         | 2:15:08    | 6:49         | 54       | 37:02       | 308     | 59:08      |
| Loddenke           | 3.10     | 13:56      | 4:29         | 35          | 3:07        | 170     | 4:40       | 22.90         | 2:29:04    | 6:30         | 52       | 40:09       | 294     | 1:03:48    |
| Ilseburg/Markt     | 3.30     | 15:46      | 4:46         | 37          | 4:25        | 198     | 5:26       | 26.20         | 2:44:50    | 6:17         | 49       | 44:34       | 281     | 1:09:14    |